



ST. PATRICK'S DAY

WORD SEARCH

T	V	M	R	E	C	F	L	Z	D	SHAMROCK
V	I	O	N	G	L	E	E	O	A	IRISH
O	F	O	E	V	O	A	P	S	N	COIN
H	T	T	E	Z	V	S	R	H	C	LEPRECHAUN
S	M	W	R	F	E	T	E	A	I	SAINT
I	A	A	G	J	R	N	C	M	N	GREEN
R	G	H	G	N	Q	I	H	R	G	GOLD
I	I	O	I	I	S	A	A	O	Q	SHAMROCK
U	J	O	L	Q	C	S	U	C	B	CLOVER
W	C	T	N	D	F	Y	N	K	N	FEAST
										DANCING
										JIG
										STONE
										IRISH
										MAGIC

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Dear Riley Crossing Family,

Spring into March with Fun and Celebration!
February has come and gone, and now it's time to spring forward into an exciting March! We're kicking off the month in style with our Resident Birthday Party, featuring the soulful guitar rhythms of Scott Heiserman—you won't want to miss it!

Get ready to set sail on an adventure as we cruise the Nile River with Travelogue, and immerse ourselves in creativity with visits to the Minneapolis Institute of Art. This month, we're also thrilled to welcome live theater performances right here at Riley Crossing!

Don't miss the St. Patrick's Day festivities; it's sure to be a hit! Enjoy our festive and fun St. Patrick's Day Party—wear your best green!

Unleash your creativity with Art Adventure, Paint & Sip, and Baking with Erik. Or engage your mind with Active Minds, Let's Talk, and Unwrapping Music.

Don't forget our exclusive Mens' and Ladies' Lunch outings, where great food and great company await!

March is packed with music, art, adventure, and celebration, so mark your calendars and join the fun!

-Riley Crossing Activities Team

Events and Happenings:

- 3/3 Mardi Gras Masks w/ Kids
- 3/3 Active Minds
- 3/3 Let's Talk
- 3/5 Ladies Lunch Outing to Redstone
- 3/6 March Birthday Party
- 3/7 Jan and Randall's Retirement Party
- 3/10 Unwrapping Music
- 3/12 MIA/Lunch Outing
- 3/13 Dance with Laura
- 2/17 St. Patrick's Day Lunch w/ Kids
- 3/17 Let's Talk
- 3/18 Card Creation with Mary
- 3/19 MIA/Lunch Outing
- 3/20 St. Patrick's Celebration
- 3/21 Planting Flowers with the Kids
- 3/24 Bucket List Productions: Love Letters
- 3/24 Paint and Sip
- 3/25 David Jones Presents: USA
- 3/26 Men's Lunch Outing North Coop
- 3/26 Book Club
- 3/27 Baking with Erik
- 3/27 Dance with Laura
- 3/31 Coffee with the Chef
- 3/31 Travelogue: Cruising the Nile

Entertainment this Month:

March Birthday Party-Vocalist &
Guitarist: Jim Kirkendall

St. Patrick's Day Party-Vocalist & Guitarist: Scott
Heiserman

David Jones Presents: United States of
America

Bucket List Productions: Love Letters (LIVE
theater)

Staff Directory

Executive Director	Taryn Bartz	952-906-7221
Maintenance Dir.	Avi Khusial	952-906-7228
Essential Beauty	MaryJane	651-302-5644
Culinary Director	Alex Buko	952-906-7229
Kitchen Orders	Kitchen Orders	952-906-7230
Reception	Tammy Schaefer & Molly Swenson	952-934-7777
Resident Services Coordinator	Kayle Kube & Emily Raskin	952-906-7224
Nursing Director	Jennifer Whereatt	952-906-7240
Sales and Marketing	Shelley Brady	952-906-7225
Life Enrichment Director	Danell Eklund	952-906-7222
Dimensions Manager	Jennifer Ardat	952-906-7232
Resident Council President	Jerry Noack # 330	952-212-6831

Outing Cancellation Policy

With winter weather upon us, we want to remind you of our Winter Weather Outing Policy. Outings will be canceled if weather warnings for snow, ice, or extreme cold are issued. If an outing is canceled, a notice will be posted in the mailroom.

Outings:

3/3 Grocery Shopping in Chan.
@12:30pm
3/5 Ladies' Lunch Outing to
Redstone@11:30am
3/10 Grocery Shopping in Chan.
@12:30pm
3/12 MIA/Lunch Outing #1
@10:30am
3/17 Grocery Shopping in Chan
@12:30pm
3/19 MIA/Lunch Outing #2 @
10:30am
3/24 Grocery Shopping in Chan.
@11:30am
3/26 Mens' Lunch Outing to North
Coop in Chanhassen @12:00pm
3/31 Grocery Shopping in Chan.

thePerk
DAILY



The Daily Perk is distributed to the **mailroom black organizer** (left corner on the counter.)
The current date will be on the top and any extra from the day prior will be stored below.



w e l c o m e
h o m e

A Warm Welcome to our new residents that have joined us in

February:

Mary W.
Jane H.
Darrell M.
Rick S.
Dan W.



Have a suggestion or two for us?
Put them in our suggestion box by the Front Desk. We'd love to hear from you!

March Birthdays

3/3 Tish C.

3/9 DuWain F.

3/16 Linda B.

3/16 Rita J

3/23 Juliette M.

3/31 Bill S.

3/ Marilyn B.

In Loving Memory of:

Arlene T.
Pat M.
Mary G.
Carol P.

Spiritual Matters

A message from Chaplain Craig

My family and I like to sing together at home. One of our current family favorites is an African-American spiritual often called "Child of God." My two young daughters and I will sing it together, sometimes going from person to person so that we each might get to sing out loud and proud: *I'm a child of God!*

"If anybody asks you who you are,
Who you are,
Who you are,
If anybody asks you who you are,
You tell them,
I'm a child of God"

For my children, this song serves as an important reminder of their belovedness. No matter how other or the world at large might treat them, I want them to know that they are loved and lovable, just as they are.

The song itself was originally composed by enslaved African-Americans who by singing it laid claim to their own humanity. Regardless of the contempt and cruelties heaped upon them by their slave masters and the wider world, they recognized that nothing and no one could change the fact of their ultimate dignity as people .

We ourselves have never known enslavement but I think this powerful song has a message for each of us. Those of us struggling with the realities of growing older-whether the everyday aches and pains, the loss of independence, changes to our ability to get around or do what we have been able to do so easily, or growing grief.-may sometimes doubt our purpose and question the meaning of our lives. . Sometimes getting older can feel like little more than a steady stream of indignities. And yet, nothing and no one-not even old age-can take our dignity. Nothing and no one can chance the fact that each of us is loved and lovable, just as we are.

The Gathering: Every Thursday @ 11:00am, CR

Worship Service with Chaplain Craig: Every Friday @ 11:00am, Chapel

Chicago Cathedral Mass Livestream Service: Every Sunday @ 11:00am, CR

St. Hubert's Mass & Communion: 3/11 & 3/25 @ 11:15am, Chapel

St. Hubert's Confession: Tuesday, 3/25 @10:45, TH

Learn & Explore

This month...



Activities with the kids:

Making Mardi Gras Masks with the Kids: Monday, March 3rd @ 11:15am | **Club**

St. Patrick's Day Lunch with the Kids: Monday, March, 17th @ 11:30am | **CR**

Planting Flowers with the Kids: Friday, March 21st @ 11:15am | **Club**

Paint & Sip:

Monday, March 24th @ 3:30-5:00pm | **Club**

Dance with Laura:

Thursday, March 13th @ 3:15pm | **Club**

Thursday, March 27th @ 3:15pm | **Club**

Baking with Erik:

Thursday, March 27th @ 2:15 | **Club**

Book Club:

Wednesday, March 26th @ 3:00pm | **EC**

Coffee with the Chef:

Monday, March 31st @ 11:00am | **Club**

Let's Talk:

Monday, March 3rd @ 4:05pm | **PD**

Monday, March 17th @ 4:05pm | **PD**

March Celebrations:

March Birthday Party:

Thursday, March 6th @ 3:00pm | **CR**

St. Patrick's Celebration:

Thursday, March 20th 3:00pm | **CR**

Presentations:

Active Minds:

Monday, March 3rd @ 3:00pm | **CR**

Unwrapping Music:

Monday, March 10th @ 3:00pm | **CR**

David Jones Presents: The United States of America:

Tuesday, March 25th @ 11:00am | **CR**

Bucket List Productions: Love Letters

Monday, March 24th @ 2:00pm | **CR**

Travelogue: Cruising the Nile:

Wednesday, March 31st @ 3:00pm | **CR**

March Grocery Shopping Outings:

Monday, March 3rd @ 12:30 | **Lobby**

Monday, March 10th @ 12:30 | **Lobby**

Monday, March 17th @ 12:30 | **Lobby**

Monday, March 24th @ 11:30 | **Lobby**

Monday, March 31st @ 12:30 | **Lobby**

March Lunch Outings:

Ladies' Lunch Outing:

Wednesday, March 5th @ 11:30am | **Lobby**

Minneapolis Institute of Art/Lunch-Trip #1:

Wednesday, March 12th @ 10:30am | **Lobby**

Minneapolis Institute of Art/Lunch-Trip #2:

Wednesday, March 12th @ 10:30am | **Lobby**

Mens' Lunch Outing:

Wednesday, March 26th @ 12:00pm | **Lobby**

THEATER SCHEDULE

- Saturday, 3/1 @ 6:00pm • The Shack -N
- Sunday, 3/2 @ 4:00pm • Virgin River Series S.4, Ep.10-N
- Tuesday, 3/4 @ 3:00pm • Sweet Magnolias S.1, Ep. 1&2-N
- Wednesday, 3/5 @ 3:00pm • Classic Western: Top Gun (1955)-Y
- Friday, 3/7 @ 6:00pm • Our Little Secret-N
- Saturday, 3/8 @ 6:00pm • You Gotta Believe-N
- Sunday, 3/9 @ 4:00pm • Virgin River Series, S.4, Ep. 11-N
- Tuesday, 3/11 @ 3:00pm • Sweet Magnolias S.1, Ep. 3&4-N
- Wednesday, 3/12 @ 3:00pm • Classic Western: McLintock (1963)-Y
- Friday, 3/14 @ 6:00pm • Falling Inn Love-N
- Saturday, 3/15 @ 6:00pm • In the Heart of the Sea -N
- Sunday, 3/16 @ 4:00pm • Virgin River Series S.4, Ep. 12-N
- Tuesday, 3/18 @ 3:00pm • Sweet Magnolias S.1, Ep. 5&6-N
- Wednesday, 3/19 @ 3:00pm • Classic Western: Western Union (1941)-Y
- Friday, 3/21 @ 6:00pm • Love is in the Air-N
- Saturday, 3/22 @ 6:00pm • LION-N
- Sunday, 3/23 @ 4:00pm • Virgin River Series S.5, Ep. 1-N
- Tuesday, 3/25 @ 3:00pm • Sweet Magnolias S.1, Ep. 7&8-N
- Wednesday, 3/26 @ 3:00pm • Classic Western: Drums in the Deep South (1951)-Y
- Friday, 3/28 @ 6:00pm • Love, Divided-N
- Saturday, 3/29 @ 6:00pm • An Affair to Remember (1957)-N

But wait, There's more!



Fridays @ 3:00pm | Community Room

Kick off your weekend in style! Join us every Friday afternoon in the Community Room for tasty bites and a variety of refreshing drinks — boozy and booze-free! Treat yourself, mingle with friends, and unwind after a long week. From classic cocktails to chilled sodas, we've got something for everyone. Don't miss the fun — we'll save you a seat and a plate full of flavor!

- Friday 3/7 — Dark and Stormy with Onion Rings
- Friday 3/14 — White Russian and Meatballs
- Friday 3/21 — Gimlet and Tatar Tots
- Friday 3/28 — Brandy Alexander with JoJo Potatoes

Alternative Beverages

White Wine
 Red Wine
 Coke
 Sprite
 Diet Coke
 Coffee
 Beer
 Water

Resident Led Cocktail Hour

Every Saturday at 4:00pm | Club Room
 BYOB (Bring Your Own Bottle) to Resident Led Happy Hour every Saturday at 4pm. Socialize with other residents while enjoying a drink before dinner.
 Please remember to clean up to the best of your ability.

Dining Room Schedule

Meal Times
 Breakfast: 7:30 a.m. - 9:00 a.m.
 Lunch: 11:30 p.m. - 1:00 p.m.
 Dinner: 4:30 p.m. - 6:00 p.m.
 All Meals \$15.50

We would love to hear your **movie requests/suggestions!** Please stop by the mailroom to write movie suggestions in the activity binder.

Riley Crossing Dimensions Support Group

Hello Riley Crossing Residents!

Volunteering is a great way to get involved, meet new people and bring meaningful activities to our days. There is a wonderful opportunity to volunteer at Riley Crossing within our very own Dimensions Community. If you have a hobby or travel experience you'd like to share with our residents, if you enjoy playing board games and card games or perhaps you'd like to share your musical talent, there are a variety of ways you can get involved and make a positive difference for our Dimensions Community residents. Please reach out to Jennifer Ardat if you are interested in getting involved!

Jennifer.ardat@fairview.org 952-906-7232



Recap

Dimensions Community



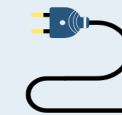
FALL PREVENTION TIPS



INSTALL HANDRAILS AND GRAB BARS



IMPROVE HOME LIGHTING



KEEP FLOORS DECLUTTERED AND CLEAR



GET REGULAR VISION AND HEARING CHECKUPS



EXERCISE REGULARLY



CHECK PRESCRIPTION SIDE EFFECTS

Fire Safety Tips

for Seniors

In the Kitchen:

- Never leave the stove unattended when cooking.
- Keep a pot lid close by. In case of a cooking fire use the lid to smother the fire.

In the Bedroom:

- Never smoke in Bed
- Keep your bedroom door closed while sleeping

Heating:

- Keep everything at least three feet from a heating source.

Preparedness:

- If you use a walker or wheelchair, make sure it fits through all of the exits.
- Keep a phone near your bed with emergency numbers on speed dial.

February Highlights



Community News

Let's Talk

Please join residents for their Let's Talk group as they create a safe space for healing conversations, building strong connections, and allowing residents to choose a compelling topic for each session to be discussed. Let's Talk meets at 4:05pm every other Monday in the Private Dining Room.

Jan and Randall's Retirement Party

Friday, March 7th @ 3:00 (Happy Hour) | CR

After years of hard work and dedication, it's time for our dear Jan (Activities) and Randall (Nursing) to take a permanent vacation! Join us in wishing them the best!



Bucket List Productions Presents:

Love Letters

by

A.R. Gurney

Monday, March 24th @ 2:00pm | CR

Join us for **live theater** at Riley Crossing!



Baking with Erik

Thursday, March 27th @ 2:15 | Club

Back by popular demand, Erik returns to guide us through the art of baking the perfect angel food cake! Join us for a delightful demonstration as he shares expert tips and techniques to create this light, fluffy, and delicious dessert. Don't miss this



Wednesday, March 12th @ 10:00am | Lobby

Wednesday, March 19th @ 10:00am | Lobby

Join Mellisa for an Exclusive Art Adventure at the Minneapolis Institute of Arts!

Experience an inspiring journey through the Minneapolis Institute of Arts (MIA), where you'll explore world-renowned masterpieces and revisit familiar favorites from past art adventures. Discover one-of-a-kind works, immerse yourself in creativity, and engage in thoughtful discussions about art.

As part of this special outing, enjoy a delightful lunch in addition to the museum tour—making for a perfect day of culture, connection, and creativity!

Don't miss this exciting opportunity to experience art in a whole new way.

Intergenerational Corner

Mardi Gras Masks with the Kids

Monday, March 3rd @ 11:15am | Club Room

Join our childcare kids for a special **Mardi Gras-themed** activity! Each participant will have the chance to design and decorate their very own **one-of-a-kind Mardi Gras mask**, bringing the spirit of the celebration to life with creativity and fun.

Don't miss this exciting opportunity to craft, create, and celebrate!

St. Patrick's Day Lunch with the Kids

Monday, March 17th @ 11:30am | Club

Join the kids for a **fun-filled St. Patrick's Day** celebration with **games, delicious food, and great company!** Enjoy a specially prepared lunch while engaging in lively conversations and activities with our wonderful childcare kiddos.

Come make a **meaningful impact** on their day while having a fantastic time yourself!



Valentine's Day Parade with the kids



Grandfriend, Don having lunch with the kids



Grandfriend, Barb reading to the kids

Planting Flowers with the Kids

Friday, March 21st @ 11:15am | Club

Help us welcome spring as we plant flowers, share smiles, and create special memories together. Enjoy meaningful conversations, hands-on fun, and the simple joy of watching little ones explore nature. We'd love to see you there!